

**Chirayu Medical College & Hospital, Bhopal, M.P.**  
**FOUNDATION COURSE - SCHEDULE MBBS Phase I - 2021-2022 Batch**

Date	Day	Time	Topics	Faculty Name
24.04.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-12 pm	FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact	Dr. Sandhya Gadre
		12-2pm	FC 1.2 Demonstrate understanding of the Roles of an India Medical Graduate and relate it to the societal impact	Dr. Farah Jalaly Meenai
1.05.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-2 pm	FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa	Dr. Sandhya Gadre
8.05.2022	Sunday	9- 12 am	FC 1.6 Discuss the various career pathways and opportunities for personal growth	Dr. Rashmi Jaiswal
		12-2 pm	FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	Dr. Rashmi Jaiswal
15.05.2022	Sunday	9- 12 am	FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery	Dr. Arvind Athavale
		12-2 pm	FC 1.9 Discuss the principles of family practice	Dr. Arvind Athavale
22.05.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-1pm	FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine	Dr. Aditya Berad
		1-2 pm	FC 2.1 Perform Basic Life support in Skills lab	Dr. Harsha Gupta
29.05.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-1 pm	FC 2.2 Perform First Aid in a simulated environment	Dr. Tushar Dhawale
		1-2 pm	FC 2.3 Follow bio-safety and universal precautions	Dr. Saurabh G. Agarwal
5.06.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment	Dr. Sanyogita Jain
12.06.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 2.5 Demonstrate proper hand washing and use of personal protective equipment	Dr. Sanyogita Jain

19.06.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 2.6 Demonstrate appropriate response to needle stick injuries	Dr. Saurabh G. Agarwal
26.06.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations	Dr. Saurabh G. Agarwal
3.07.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 2.8 Discuss the Immunization requirements of Health care professionals	Dr. Sanyogita Jain
10.07.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-2 pm	FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation	Dr. Aditya Berad
17.07.2022	Sunday	9- 10 am	FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues	Dr. Arvind Athavale
		10-12 pm	FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care	Dr. Tushar Dhawale
		12-2 pm	FC 3.4 Discuss the basic principles of community health and its impact on health and disease	Dr. Tushar Dhawale
24.07.2022	Sunday	9- 10 am	FC 3.5 Demonstrate understanding of the structure and functioning of the community health center	Dr. Aditya Berad
		10-11 pm	FC3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to	Dr. Aditya Berad
		11-12 pm	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior	Dr. Manishi Singh
		12-2pm	FC4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work	Dr. Manishi Singh
31.07.2022	Sunday	9- 12 am	FC 4.3 Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients	Dr. Arvind Athavale
		12-2 pm	FC 4.4 Discuss the significance of working in a health care team	Dr. Arvind Athavale

7.08.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-12 pm	FC 4.5 Discuss disability competencies	Dr. Mahesh Patil
		12-2 pm	FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values	Dr. Mahesh Patil
14.08.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-2 pm	FC 4.7 Discuss the significance and methods of stress management and risk taking behavior.	Dr. Manish Borasi
21.08.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-2 pm	FC 4.8 Understand the role of Yoga and meditation in personal health	
28.08.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-2 pm	FC 4.9 Discuss the significance and appropriate ways of Time management FC 4.8 Understand the role of Yoga and meditation in personal health	Dr. Anil Kumar Jain
4.09.2022	Sunday	9- 11 am	FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team Sports	Dr. Arvind Athavale
		11-2 pm	FC 4.11 Understand the role of mentoring	Dr. Rashmi Jaiswal
11.09.2022	Sunday	9- 11 am	Sports	Mr. Vibhor Tiwari
		11-1 pm	FC 4.12 Demonstrates understanding of the process of group learning and group dynamics	Dr. Sandhya Gadre
		1-2 pm	FC 4.14 Demonstrates understanding of different methods of self-directed learning	Dr. Rashmi Jaiswal
18.09.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-1pm	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond	Dr. Farah Jalaly Meenai
		1-2pm	FC 5.5 Demonstrate ability for accessing online resources	Dr. Rashmi Jaiswal
25.09.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.3 Demonstrate ability to communicate and learn in English	English Language Expert

2.10.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.3 Demonstrate ability to communicate and learn in English	English Language Expert
9.10.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.3 Demonstrate ability to communicate and learn in English	English Language Expert
16.10.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.4 Demonstrate basic computer skills	computer Language Expert
23.10.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.4 Demonstrate basic computer skills	computer Language Expert
30.10.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.4 Demonstrate basic computer skills	computer Language Expert
06.11.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.2 Demonstrate use of local language in patient and peer interactions	Local Language Expert
13.11.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.2 Demonstrate use of local language in patient and peer interactions	Local Language Expert
20.11.2022	Sunday	9- 10 am	Sports	Mr. Vibhor Tiwari
		10-2 pm	FC 5.2 Demonstrate use of local language in patient and peer interactions	Local Language Expert